



Baby Talk

This book is the interchange between babies and their parents, siblings, and other special people in their lives. The message relayed is that no matter what you are doing with your baby, communication is happening. After reading this book with your child, reflect on all the ways you “talk” to each other and then start being conscious of using something called “self-talk”. Self-talk is when you describe out loud what you are doing, even for simple tasks. “I’m driving us to the store to get food for dinner. What do you want? I’m really craving a salad!” or “We are going to put your pajamas on, and then we will read a book!” The more words a child hears, the larger their receptive language grows and the more they understand. Before a child can speak, they must hear words spoken and be part of the experiences where those words are used!

